

Camp Director

Ray Mitchell, is the current team Director of the nationally ranked Terrapins Swim Team. Ray has been awarded United States Swimming's Developmental Coach of the Year award 3 times has trained National USA champions and has qualified swimmers for prestigious USA National teams. His swimmers have set Regional, National and American records. He has developed over 150 High Schools All-American, over 300 NAG ranked swimmers and many National and Olympic trial finalists. One of his swimmers went on to set World records and won Olympic gold medals.

For Information call:

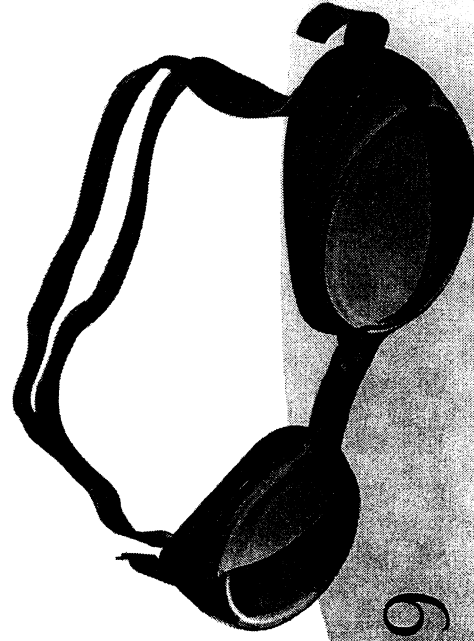
Student Life and Transition Services
Ezequiel Rodriguez
956/381-2659

THE UNIVERSITY OF TEXAS-PAN AMERICAN™

Swimming Stroke Camps

SPRING & CLINIC
CAMP PROGRAMS

UTPA™



2009

Focus of Clinic

Focus of clinic, March 7th, will cover stroke technique, specialized drills, and proper practice habits. Parents will also get information on the appropriate career development for a young swimmer. The class is designed as an introduction to the new UTPA swim camps coming in the spring and summer of 2009.

Focus of Camp

The focus of the UTPA swim camp is mainly on stroke and turn technique. Swimmers will be instructed in all 4 strokes with the main goal being to improve stroke techniques efficiency. Daily classes are limited in size to maximize individual instruction, providing each student with a personal approach to improving their technique. Coach Mitchell has developed some of the top swimmers in the United States and will use these techniques to help each swimmer maximize their potential.

Swimmers should have a competitive background in either USA year round swimming, High School swimming or summer team swimming. This is not a "learn to swim" program. All levels of competitive swimmers are welcome. Classes will focus exclusively on technique with very little training or conditioning offered. This is a unique opportunity to work with one of the most experienced coaches in the United States and improve your swimming skills.

Clinic

Saturday - Mar 7th

Class Dates & Times

- Class #1 • 9-10:15 a.m. (13 and over, MAX 16)
- Class #2 • 10:30-11:45 a.m. (10-12 yrs old MAX 12)
- Class #3 • Noon-1:15 p.m. (7-9 yrs old MAX 10)

Spring Session

T & TH - Mar 24, 26

- Apr 7, 9, 14, 16, 21, 23
- May 5, 7, 12, 14

Saturday - Mar 28, Apr 11, 18, 25

May 9

Class Dates & Times

- T & TH Class #1 • 5-6 p.m. (12 and over, MAX 17)
- Saturday Class #2 • 9-10:30 a.m. (12 and over, MAX 20)
- Class #3 • 10:30-11:30 a.m. (9-11 year old, MAX 12)

Special One Day Clinic Limited Enrollment!

Clinic cost is \$65 per student

Payment must be received by March 7. Check and money orders must be made payable to The University of Texas Pan-American. For credit card payment please contact The University of Texas Pan-American Student Life and Transition Services.

Clinic will be held in The University Health & Kinesiology Pool (HPE1).

Early Registration

RESERVE YOUR LANE AND ATTEND EARLY REGISTRATION!

Camp Clinic Registration February 25 & 26 From 3-6 p.m.
 Spring Session Registration March 11 & 12 From 3-6 p.m. and March 18 & 19 From 3-6 p.m.
 UTPA - University Center Building, Room #305A
 Additional paperwork will be given
 We will take registration forms and payments during early registration.

Directions to UTPA

UTPA is located in Edinburg, Texas west of the Expressway 281. Exit 107/University Drive, turn west and follow signs to UTPA.

Parking

Please park your vehicle in student parking or visitors parking. You must first make your way over to our UTPA information booth and ask for a visitors pass. Booth is located on the south side of UTPA.

Remember to bring

- Proper swim wear
- Swimming goggles
- Towels and extra set of clothing

Please detach bottom registration form & mail in to:

The University of Texas Pan-American, 1201 W. University Drive, Student Life and Transition Services UC 305a, Edinburg, Texas 78539-2999

Swimmers Last Name _____ Swimmers First Name _____

Birth Date ____/____/____ Age ____ Sex ____

Address _____ City _____ State _____ Zip Code _____

Phone # _____ Email Address _____

Please circle: Check Money Order
 (Cash Payment will be accepted during early registration)

Please Choose Session and Class option: (Students may sign up for both sessions)	Clinic	Class# _____	AMT _____	Class# _____	AMT _____
		Class# _____	AMT _____	Class# _____	AMT _____
		Class# _____	AMT _____	Class# _____	AMT _____
		Class# _____	AMT _____	Class# _____	AMT _____
	Spring Session	Class# _____	AMT _____	Class# _____	AMT _____
		Class# _____	AMT _____	Class# _____	AMT _____
		Class# _____	AMT _____	Class# _____	AMT _____
		Class# _____	AMT _____	Class# _____	AMT _____

Reservation

Reserve Your Lane And Attend Early Registration!